



# Big Brothers Big Sisters Grey Bruce

#BiggerTogether #IgnitePotential



Big Brothers  
Big Sisters  
OF GREY BRUCE



# Who We Are

The National organization was established in 1903, and our local agency started in 1960. We believe every child should have someone standing with them as they reach their full potential; both as individuals and as members of our community.



# Our Programs



- One to One
  - meet once a week for at least 1 hour
  - minimum 12 month commitment
- Couples Match
  - children paired with a couple who have been together for at least one year
  - similar to one to one match
- In-School Mentoring
  - child identified by school
  - mentored one hour per week at school
- Big Bunch
  - a chance for all participants to get together
  - children waiting for one-to-one match
  - group meets on a regular basis



# Program Objectives

•All of our programs are designed to:

- To build a trusting relationship between the 'Big' and 'Little'
- Empower 'Littles' to grow; both physically and intellectually
- Encourage 'Littles' - watch them build their self-esteem, self-awareness, and confidence
- Encourage 'Littles' to stay connected to their school and educational goals.

Whether the relationships are built in the community, at school, in a group, one to one, or with a couple; the process may differ, but the objectives are the same.





# Who Do We Serve?



- Littles are between 6 and 16 years old
- Bigs are over 18 years old (17 years old if ISM)
- We serve most of Grey and Bruce Counties



- Our local numbers:

113 Littles, 90 Bigs, and 50 Matches



# What Does a Match Look Like?

- The 'Little' has a team of supporters
- The 'Big' and 'Little' meet on a regular and consistent basis
- Program staff is here to support all members of the match
- Healthy, safe matches are the responsibility of all of us!
- Parent/guardians are active participants in the match
- Establishing boundaries is important at the outset of the match





# The Mentoring Effect - Why Is This So Important?



MENTORING = More Graduates

- 52% less likely to skip a day of school
- Girls are 2 ½ times more likely to be confident in their ability to be successful at school
- Boys are 2 times more likely to believe that school is fun  
and that doing well academically is important

# The Mentoring Effect - Why Is This So Important?



MENTORING = Less Risky Behaviour

- Girls are 4 times less likely to bully, fight, lie or lose their temper
- Teens who engage in mentoring are half as likely to engage in binge drinking, drug use, cigarette use, or alcohol use
- Boys are 2 times less likely to develop negative conducts like bullying, fighting, lying, cheating or losing their temper



# The Mentoring Effect - Why Is This So Important?



MENTORING = Positive Mental Health & Future Success

- 92% feel confident and 96% say they are happy
- 87% have strong social networks
- 13% higher earnings - \$315,000 higher lifetime earnings
- 47% hold senior leadership positions



# IGNITE POTENTIAL

# YOU CAN BE THE SPARK



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